



# companionship

as spiritual practice

*Companionship  
is a form of  
friendship,  
increasing our  
capacity to see  
and nurture  
“that of God”  
in everyone.*

September 22-24, 2017  
Pacific Northwest Quarterly Meeting  
Lazy F Camp & Retreat Center, Ellensburg, WA

**Come and explore companionship**, a way of welcoming the stranger, caring for our neighbor and deepening our support for one another.

Share in practices that help us build relationships of well being and healing community. Bring your experience of how kindness and tender actions move life toward health and wholeness.

Let us join together to take daily, intimate, practical steps to peace.

*The weekend offers many activities, including:*

- *Plenary with Craig Rennebohm*
- *A variety of small worship groups*
- *Child care & Young Friends programs*
- *Interest groups*
- *Evening activities & time to reconnect*

hosted by Port Townsend Monthly Meeting & Whidbey Island Friends Meeting