

**PNQM Silent Retreat Registration Form**  
**1/21/20—1/23/20**

Please register by **1/15/2022** by mailing this form along with a check or money order payable to P.N.Q.M. to Heather Saunders at 1620 Woodard Ave. NW #E4, Olympia, WA 98502. Alternately, you may contact her (e-mail: [hstarathome@gmail.com](mailto:hstarathome@gmail.com) or phone 360-252-0548) and bring payment to the retreat. We may be able to use Pay Pal, I will not be certain until I check with the Quarter's Treasurer, let me know if that is your preferred method of paying for the retreat. If, we can it will be through the PNQM website, [www.pnqm.org](http://www.pnqm.org).

Our retreat is enriched by each attender. Cost should not be a barrier to attendance, so Friends are expected to pay whatever they can afford in accordance with their own financial situation. We do request that you do your best to make the minimum \$125.00 and that your request help from your home Meeting if that is a problem.

(Reminder. Some monthly meetings have spiritual enrichment funds available.)

NAME(S) \_\_\_\_\_ PHONE \_\_\_\_\_  
MEETING \_\_\_\_\_ AGE (circle one) [18 or older] [under 18]  
ADDRESS \_\_\_\_\_  
CITY, STATE, ZIP \_\_\_\_\_  
EMAIL \_\_\_\_\_  
ARRIVAL TIME/DAY \_\_\_\_\_  
SPECIAL NEEDS (e.g., food allergies; lower bunk; electric outlet  
\_\_\_\_\_

RETREAT FEE \_\_\_\_\_

SCHOLARSHIP DONATION \_\_\_\_\_

TOTAL: \_\_\_\_\_

**If you are moved to offer help in one of the following ways, please choose one:**

- I will arrive early to help set up
- I will stay late after closing to help clean up
- I will serve as an active listener
- I will be responsible for physical support (deal with material needs as they arise)

**Notes:**

In conformity with PNQM policy at all retreats, a minor must be accompanied by a parent or by an adult sponsor carrying a medical release for that minor. Medical release forms, which can be obtained from the convener ([bill@silentpondmassage.com](mailto:bill@silentpondmassage.com)), should be completed in duplicate as indicated on the form.

For the protection of all attenders, policies are in place concerning attendance of persons formerly convicted of sexual offences. Please ask Bill Ames (the convener) for a copy of the most recent policy statement.