



Freed to Love

Forgiveness & Being a People of Peace

AGATE PASSAGE
BELLINGHAM
BUCKLEY
CHELAN-METHOW
EASTSIDE
ELLENSBURG
LOPEZ ISLAND
LOWER COLUMBIA
MARYSVILLE
MID-COLUMBIA
OLYMPIA
ORCAS ISLAND
PORT TOWNSEND
PULLMAN-MOSCOW
SALMON BAY
SAN JUAN
SANDPOINT
SOUTH SEATTLE
TACOMA
UNIVERSITY
VASHON
WALLA WALLA
WHIDBEY ISLAND

It's hard to love in our splintered and tragic times. Together let's explore how reliance on the Divine can overcome our inability to live and act in love. When we're frustrated, hurt, resentful, judgmental, we can practice release into the Source of all Love, Mercy, and Justice—the inner-motion of "forgiveness."

This surprisingly simple, life-giving approach to forgiveness can restore the flow of Divine presence within and toward others. It's always relevant and practical—for our wounded sense of self, our relationships to individuals, to groups, to systems and structures, and even to Reality itself. It opens the way for Spirit-led action. How does carrying unforgiveness hinder our efforts to be a people of peace?

A decade of experience with *Way of the Spirit* program participants will inform our hopeful theme. Founder-Director Christine Betz Hall, of Whidbey Island Friends Meeting, will debunk misguided notions of forgiveness, and invite us to allow the Spirit to free us to love more whole-heartedly.

HOSTED BY PORT TOWNSEND & WHIDBEY ISLAND FRIENDS

PNQM Spring Quarterly Meeting April 22-24, 2022

IN-PERSON/VIRTUAL/BLENDED (to be determined!)